

Mood Disorders Clinic

Patient Initials: _____

(MM/DD/YY)

Patient Number: _____

Date: _____

WENDER UTAH RATING SCALE

As a child I was (or had):	Not at all or very slightly	Mildly	Moderately	Quite a bit	Very Much
1. Active, restless, always on the go.					
2. Afraid of things					
3. Concentration problems, easily distracted					
4. Anxious, worrying					
5. Nervous, fidgety					
6. Inattentive, daydreaming					
7. Hot- or short-tempered, low boiling point					
8. Shy, sensitive					
9. Temper outbursts, tantrums					
10. Trouble with stick-to-it-iveness, not following through to finish things started					
11. Stubborn, strong-willed					
12. Sad or blue, depressed, unhappy					
13. Incautious, dare-devilish, involved in pranks					
14. Not getting a kick out of things, dissatisfied with life					
15. Disobedient with parents, rebellious, sassy					
16. Low opinion of myself					
17. Irritable					
18. Outgoing, friendly, enjoy company of people					
19. Sloppy, disorganized					
20. Moody, ups and downs					
21. Angry					
22. Friendly, popular					
23. Well-organized, tidy, neat					
24. Acting without thinking, impulsive					
25. Tendency to be immature					
26. Guilty feelings, regretful					
27. Losing control of myself					
28. Tendency to be or act irrational					
29. Unpopular with other children, didn't keep friends for long, didn't get along with other children					
30. Poorly coordinated did not participate in sports					
31. Afraid of losing control of self					
32. Well-coordinated, picked first in games					

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As a child I was (or had):	Not at all or very slightly	Mildly	Moderately	Quite a bit	Very Much
33. Tomboyish (for women only).					
34. Running away from home					
35. Getting into fights					
36. Teasing other children					
37. Leader, bossy					
38. Difficulty getting awake					
39. Follower, led around too much					
40. Trouble seeing things from someone else's point of view					
41. Trouble with authorities, trouble with school, visits to principal's office					
42. Trouble with police, booked, convicted					
Medical problems as a child:	Not at all or very slightly	Mildly	Moderately	Quite a bit	Very Much
43. Headache					
44. Stomachaches					
45. Constipation					
46. Diarrhea					
47. Food allergies					
48. Other allergies					
49. Bedwetting					
As a child in school, I was (or had):	Not at all or very slightly	Mildly	Moderately	Quite a bit	Very Much
50. Overall, a good student, fast					
51. Overall, a poor student, slow learner					
52. Slow in learning to read					
53. Slow reader					
54. Trouble reversing letters					
55. Problems with spelling					
56. Trouble with mathematics or numbers					
57. Bad handwriting					
58. Able to read pretty well, but never really enjoyed reading					
59. Not achieving up to potential					
60. Repeating grades (which grades? _____)					
61. Suspended or expelled (which grades? _____)					